

# ATTENDEE INFORMATION

# Coast Salish Art

## Andrea Fritz



LESSON 10: POLAR BEAR

Indigenous  
Voices

# Event Preparations

This class is likely longer than the attention span of some of our younger participants and there may be times when some students cannot keep up with Andrea's instructions. If at any point you find your students are getting restless or frustrated, feel free to take a break and finish the event at a later time. No need to enjoy the event all in one sitting!



## Helpful Hints

### Before

#### Preparations

##### Gather Materials

Students will need a pencil, eraser, your choice of colouring tools, and paper.

##### Print Handouts

Print the following pages for student to use for their drawings during the event.

### During

#### What to Expect

##### Welcome

##### Art Lesson #1

*Basic Coast Salish Shapes*

##### Traditional Story Reading

##### BRAIN BREAK

##### Art Lesson #2: Polar Bear

##### Q&A With Andrea

##### Wrap Up

### After

#### Now What?

##### Keep Practicing

Consider watching the lesson again - this time with the goal of improving the final result.

##### Letter to the Artist

Write a letter to Andrea sharing their questions and thoughts about her book and her artwork.

# About the Artist

## Andrea Fritz

Andrea Fritz is a Coast Salish artist and author from the Lyackson First Nation of the Hul'qumi'num speaking Peoples on the West Coast of Canada. She learned West Coast Native art in the Victoria school district from Victor Newman (Kwagiulth).

Andrea strives to express her People's history and all our futures using her art. She focuses on animals and scenes of the West Coast of Canada and our intricate relationships with them. Andrea works in the mediums of acrylic on canvas/wood, serigraph, vector art, and multimedia. She has had numerous shows of her work including at Eagle Feather Gallery, the Place Gallery and The Outpost at Ketchikan.



[Click to Learn More about Andrea!](#)

## Coast Salish Tales - New Beginnings



[Click to Buy the Book!](#)

New Beginnings is the first book in Andrea's Coast Salish Tales series. This story, written in the traditional Coast Salish style, includes words from the Hul'qumi'num language of the Cowichan Valley on Vancouver Island, Canada. New Beginnings is a story inspired by the replacement of a much loved tree in the Oaklands area of Victoria.



# Coast Salish Shapes



**Ovoid**

**Crescent**

**Trigon**

**S-Shape**



# Nanook



Nanook means \_\_\_\_\_



# Coast Salish Art



Blank space for drawing or writing.



# My Connections



**In the story...**

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**This reminds me of...**

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# My Connections



**In the story...**

**This reminds me of...**

# Write a Letter to Andrea

There are always so many amazing questions and comments during our events. Your students are invited to write a letter to Andrea to share their questions and thoughts about her book and her artwork.

## What to write...

- My favourite part of your lesson was...
- The part of the drawing I found the most difficult was...
- A connection I made to your story is...
- My favourite page in the book is.... because...
- My favourite animal is... because...
- One question I still have is...

## Where to send it...

### MAILING ADDRESS

Andrea Fritz  
1510 Dallas Road  
Victoria, BC  
V8S 1A3

### ELECTRONICALLY

[andreafrizart9@gmail.com](mailto:andreafrizart9@gmail.com)



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# Let's Connect!

## Questions?

I have greatly enjoyed creating this resource and have done my best to ensure it is complete and easy to use. If you have any questions or suggestions, please email me at [hayley@joyfullearning.net](mailto:hayley@joyfullearning.net). I'm here to help!

## Share your photos with us!

We love to see pictures and videos of students enjoying our events and resources!

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