

# Pink Shirt Day

## Resource Package



I am so glad that you have downloaded this resource and I truly hope that you find it valuable both as a learning experience for your students and as a time saver for yourself. I have greatly enjoyed creating this resource and have done my best to ensure it is complete and easy to use. If you have any questions or suggestions, please email me at [hayley@joyfulllearning.net](mailto:hayley@joyfulllearning.net). I'm here to help!

## What's Inside?

1

### Pink Shirt Day Virtual Classroom & Resources

This resource is an excellent companion to our [Pink Shirt Day Event](#) and our [Virtual Classroom](#) filled with videos and books to explore.

2

### Leaving Heartprints Lesson

Explore kindness and respect with this multi-part lesson written by literacy specialist, Adrienne Gear.

3

### Colouring Pages

Two Pink Shirt Day colouring pages featuring the beautiful artwork of Michelle Stoney, Gitxsan Artist.

4

### Blank Student Response Pages

We have included a variety blank templates for you to use with any question or writing prompt that best fit your goals for your learners.

# About Us

## Hi, I'm Mrs. Legassie!

I live in Fort Langley, BC with my husband, our two kids, and our Rhodesian Ridgeback. I have been a teacher since 2010 and have experience teaching in the private, public, and homeschool settings.

I am currently the Lead Educator at Joyful Learning where I host virtual educational events and create companion teaching resources like this!



## About Joyful Learning

Joyful Learning is a project of Legassie Education Access Foundation (LEAF) a not-for-profit organization currently focusing on the development of affordable online educational experiences that spark joy, wonder and a love of learning.

Joyful Learning launched in the early days of the pandemic, bringing people together through online events, helping them to feel connected to the world outside of their classroom or home learning space, and to develop an understanding of how their attitudes and actions have an impact on the world around them. Since then, Joyful Learning has have hosted more than 150 virtual events connecting with over 75,000 children from more than 3700 classrooms across North America.

*Follow us to stay updated on  
new events and resources!*



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# Virtual Classroom

Joyful Learning's [Pink Shirt Day Virtual Classroom](#) is filled with informational videos, read aloud books, directed drawings, and more for your learners to explore at school or at home. To keep students safe and on task, YouTube videos are linked through SafeShare which removes advertisements and suggested videos.

## Inside the Virtual Classroom



**1** Educational Videos  
(on whiteboard)

**2** Read Aloud Videos

**3** Brain Break Video

**4** Guided Drawing  
Video

**5** Pink Shirt Day Story

**6** Welcome Message

[kids.joyfullearning.net/pinkshirtday](https://kids.joyfullearning.net/pinkshirtday)

# Pink Shirt Day Resources

## Pink Shirt Day & Anti-Bullying Lessons

Our collection of Pink Shirt Day resources contains many complete lessons and activities ideas for students to complete before, during, and after Pink Shirt Day - or as stand alone lessons addressing bullying, kindness, and the origins of Pink Shirt Day.

[SEE ALL RESOURCES](#)



## Come learn with us!

**LIVE: WEDNESDAY, FEBRUARY 28, 2024 @ 9:30AM PT**  
*Or watch the Recording on Demand*

Join us for a special Pink Shirt Day author visit with award-winning author, Monique Gray Smith!

During this 45-minute event, Monique will read her books *You Hold Me Up* and *When We Are Kind*, and lead us in a brief child-friendly discussion on the message of Pink Shirt Day.

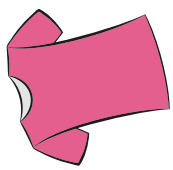
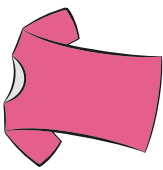
Dive into meaningful discussions on kindness, empathy, and the power of standing against bullying.

*Tune in live or catch the recording at a time that works for your class.*

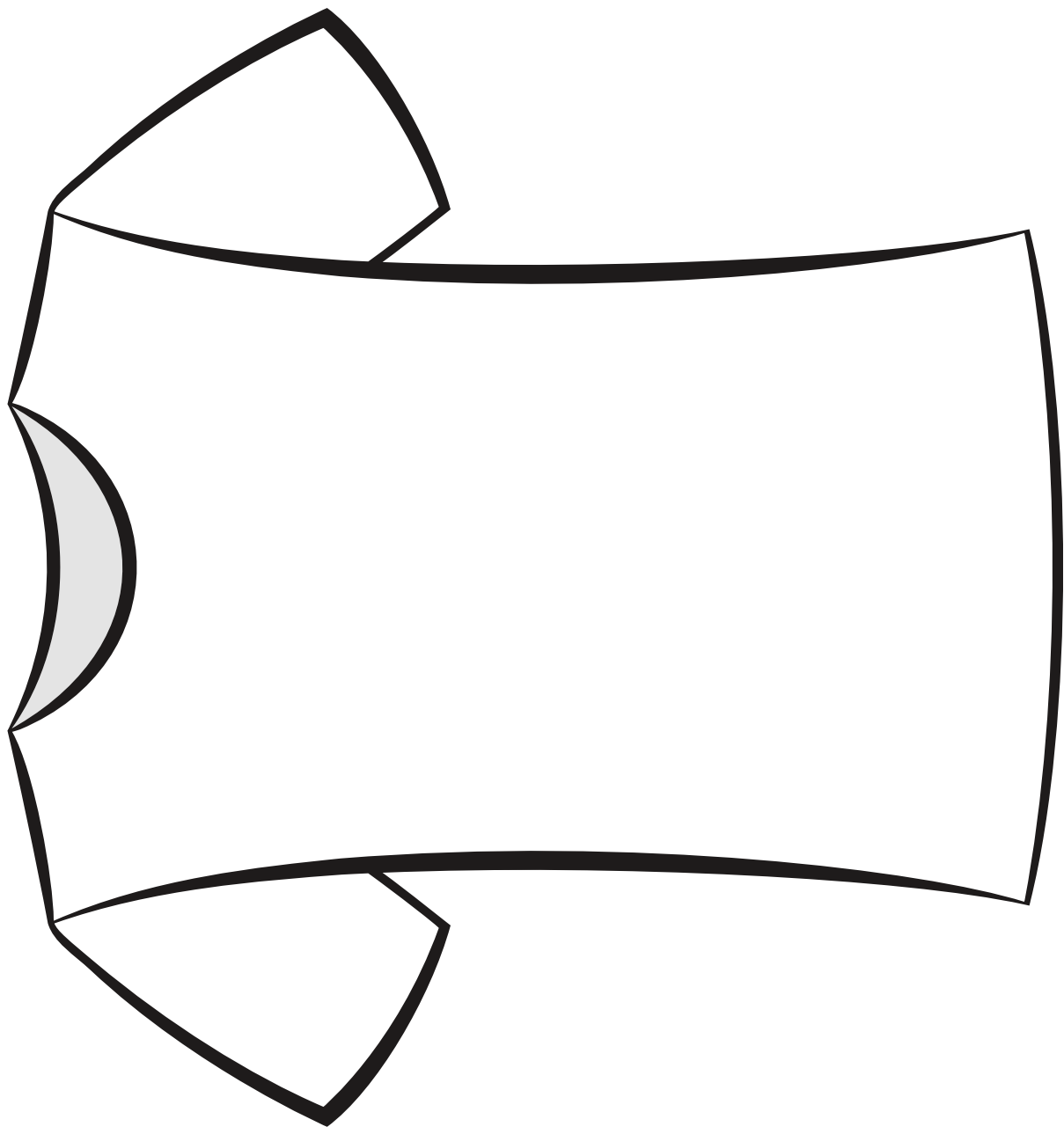


[REGISTER HERE](#)

# Pink Shirt Day



Name: \_\_\_\_\_

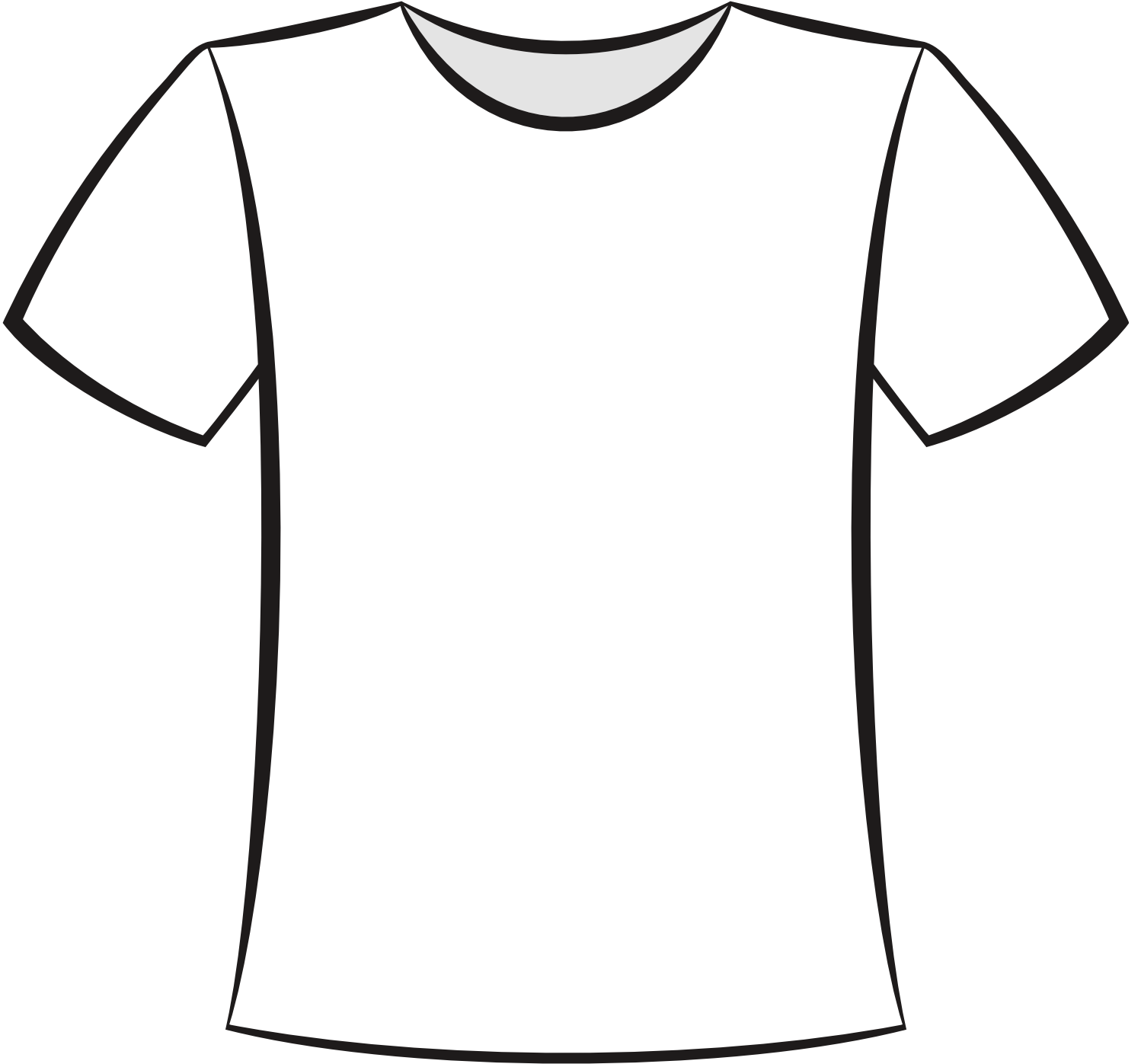




# Pink Shirt Day



Name: \_\_\_\_\_



# Leaving Our Heartprints

## Lesson Author: Adrienne Gear

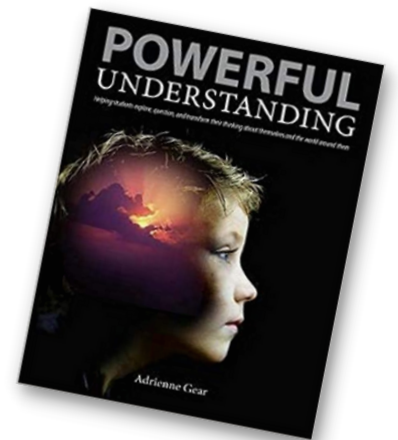


Adrienne Gear has been teaching in Vancouver for more than 25 years. She remains grounded in classrooms, though she also provides workshops, demonstration lessons and leadership training to teachers throughout North America. Her international experience includes speaking in the United States, Britain, Australia and Sweden. Passionate about literacy and learning, Adrienne is the author of 6 professional books on reading and writing instruction for elementary teachers and parents.

## Powerful Understanding

The lesson ideas in this section are adapted from the lesson 'Kindness' written by Literacy Specialist, Adrienne Gear, on pages 101-103 of her book *Powerful Understanding* and are included in this Resource Package with permission.

For more lessons on kindness, empathy, and diversity see ***Powerful Understanding*** Chapter 3: "Lessons On Understanding Others" by Adrienne Gear.



# Leaving Our Heartprints

## Introduction: What is kindness?

- Begin with a One Word activity. Write the word “Kindness” on the board or chart paper. Invite students to think about a connection, a visual image, and a feeling connected to that word.
- Have students share their ideas with a partner or complete the first 3 quadrants of the What is Kindness? worksheet.
- Create a class web, recording their ideas around the word using one color of pen. Tell the students you are going to come back to this web at the end of the lesson to see if our thinking has stretched.



## Footprints, Fingerprints, and Heartprints?



- Show a photo of a footprint in sand. Ask the students what it is and how it's made. Show a picture of a fingerprint or handprint and ask the same thing.
- Write the word “heartprint” on the board. Ask students what they think it might be. Discuss in partners and then share with the class.
- Explain that a heartprint, like a footprint or handprint is something that you leave behind. Unlike a footprint or handprint, you can't actually see a heartprint. But you do feel it inside your heart.
- Ask students how someone might leave behind a heartprint. Invite students to share some ideas. Discuss that leaving heartprint is often done quietly, without being asked. Depending on your grade, you can introduce the concept of random acts of kindness.

## Anchor Book: When We Are Kind

- Introduce the anchor book *When We Are Kind* by Monique Gray Smith. Invite students to listen for ways to be kind and leave heartprints. (The author will read this book at our 2024 Pink Shirt Day event. A read aloud video can also be found in the library of the [Pink Shirt Day Virtual Classroom](#).)
- After reading, discuss examples of kindness from the story.
- Discuss how the acts were sometimes very simple. Leaving a heartprint doesn't have to be big or involve 'buying someone a present'. It could be as simple as letting someone go first, or giving someone a compliment.



## Stretching Our Thinking

- Revisit the One Word activity from the beginning of the lesson.
- Point to the word kindness on the board and invite students to reflect on the word. How has our thinking about this word changed or stretched? Invite students to share and record new ideas, using a different color felt, to show the change in thinking.
- If students started the What is Kindness? worksheet at the beginning of the lesson, have them complete the final quadrant to show how their thinking has stretched.

## Leaving Our Heartprints

**Leaving My Heartprints**

Two ways I will leave my heartprints at school:

1: \_\_\_\_\_

2: \_\_\_\_\_

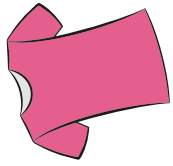
Two ways I will leave my heartprints at home or in my neighbourhood:

1: \_\_\_\_\_

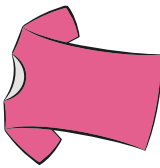
2: \_\_\_\_\_

**My Heartprints**

- Explain that Pink Shirt Day is a great opportunity for us to think about leaving heartprints wherever we go!
- Create a T-chart together and brainstorm ways you can leave heartprints at home and at school.
- Home: clean up my room, take out the garbage without being asked, thank your mother or father for cooking the supper, do a chore in secret, share a toy with your brother or sister, etc.
- School: leave a positive message on a sticky note on someone's desk, clean out someone's desk, hold the door for someone, let someone go in front of you, etc.
- Consider planning a Heartprint Week in your class. Invite students to come up with ways they will leave heartprints for others.
- Students will set their goals on the front of the Leaving My Heartprints template. After students have had time to fulfil their goals, they will reflect on their experience on the reverse side.



# What is Kindness?



Name: \_\_\_\_\_

## Connection

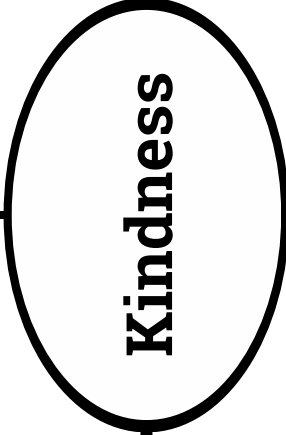
What connections can you make to the word kindness?

What does kindness feel like?

## Visual Image

What do you picture in your mind when you think about kindness?

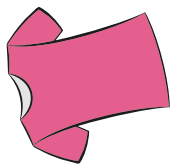
After the lesson, add more examples of kindness that show how your thinking has stretched!



**Kindness**

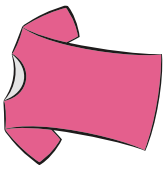
## Feeling

## My Stretched Thinking



# Leaving My

# Heartprints



Name: \_\_\_\_\_

Two ways I will leave my heartprints  
at school:

1.

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2.

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Two ways I will leave my heartprints at  
home or in my neighbourhood:

1.

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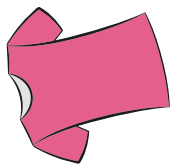
2.

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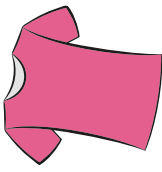
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# Leaving My Heartprints



Name: \_\_\_\_\_

A large heart shape is centered on the page. The heart is divided into two halves by a vertical line. Each half contains several horizontal lines for writing. The lines are evenly spaced and extend across the width of each half of the heart.

# Colouring Pages

## About The Artist



**Michelle Stoney** was raised in the Gitxsan territory, in the house of Delgamuukw. Michelle is an acrylic painter, jeweller, sculpture and muralist. Michelle completed her Bachelors of fine arts degree from the Emily Carr University of Art and Design in 2012 and Graduated from the Northwest Coast Jewellery Arts program at NEC in 2018.

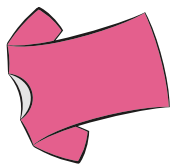
In 2019 Michelle received a BC achievement award (Fulmer award) known as the Crab- tree McLennan Emerging artist award. Michelle is currently living in her home community of Gitanmaax , following in her late grandfathers (Victor Mowatt) footsteps teaching art to the local communities.

## About The Artwork

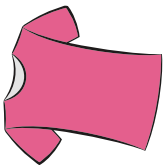
Michelle generously shares this artwork with the public on her [Facebook Page](#). The art was posted with the following note: *"You have my permission to use this however you like, print it out, colour it on your phone , iPad , add to it, change it up, bead it, paint it ... anything goes. I just please ask that you do not use it for sale or for profit."*

Click on the images below to visit Michelle's [website](#) and [Etsy Store](#) to see more of her artwork and to find Pink Shirts, colouring books and more!

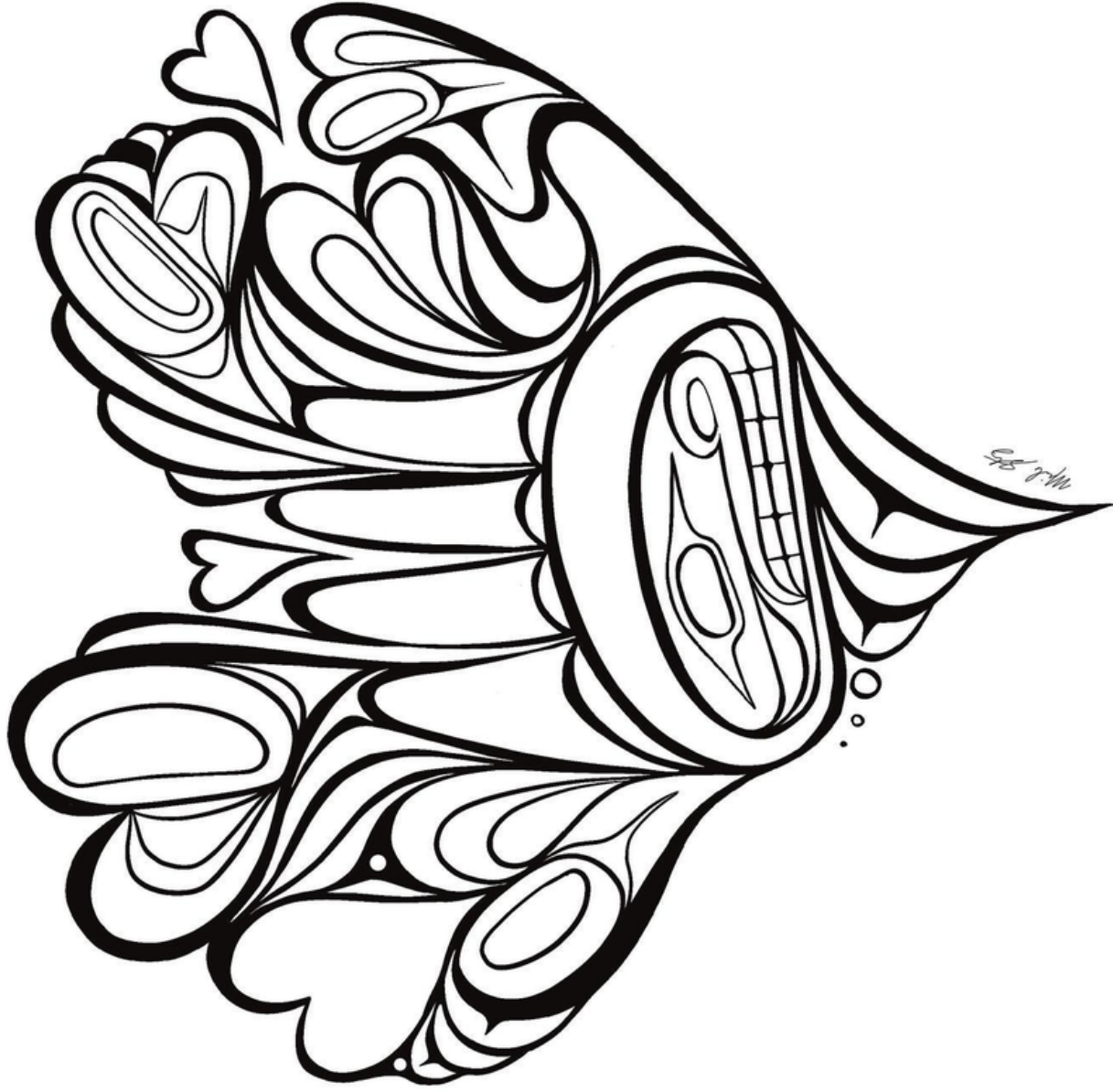




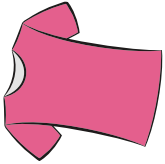
# Pink Shirt Day



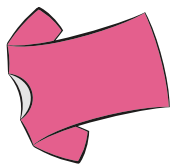
Name: \_\_\_\_\_



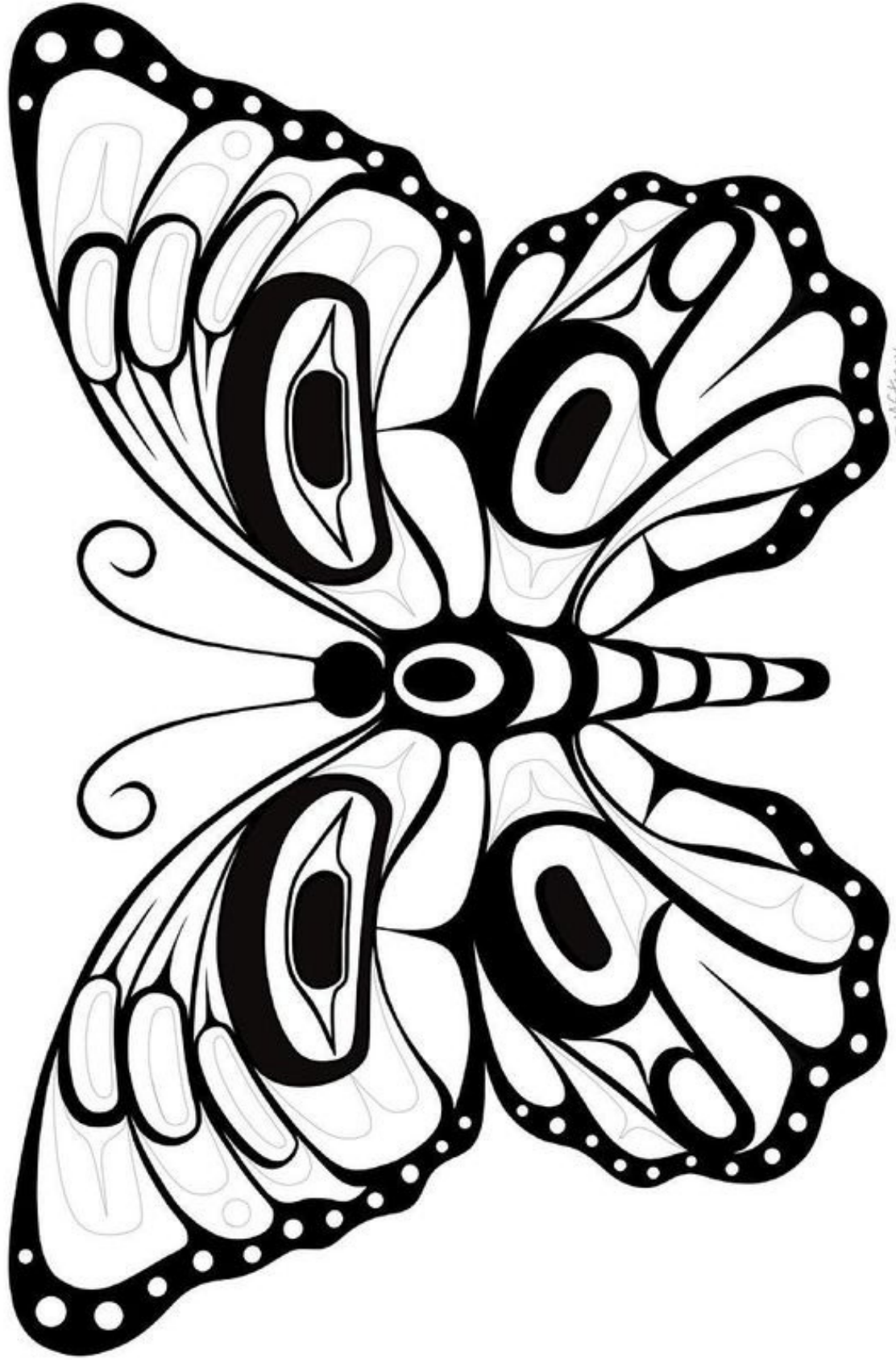
Note from the artist, Michelle Stoney: The hand in the middle is to remind you to stop bullying and the heart is to remind you to be kind.



# Pink Shirt Day

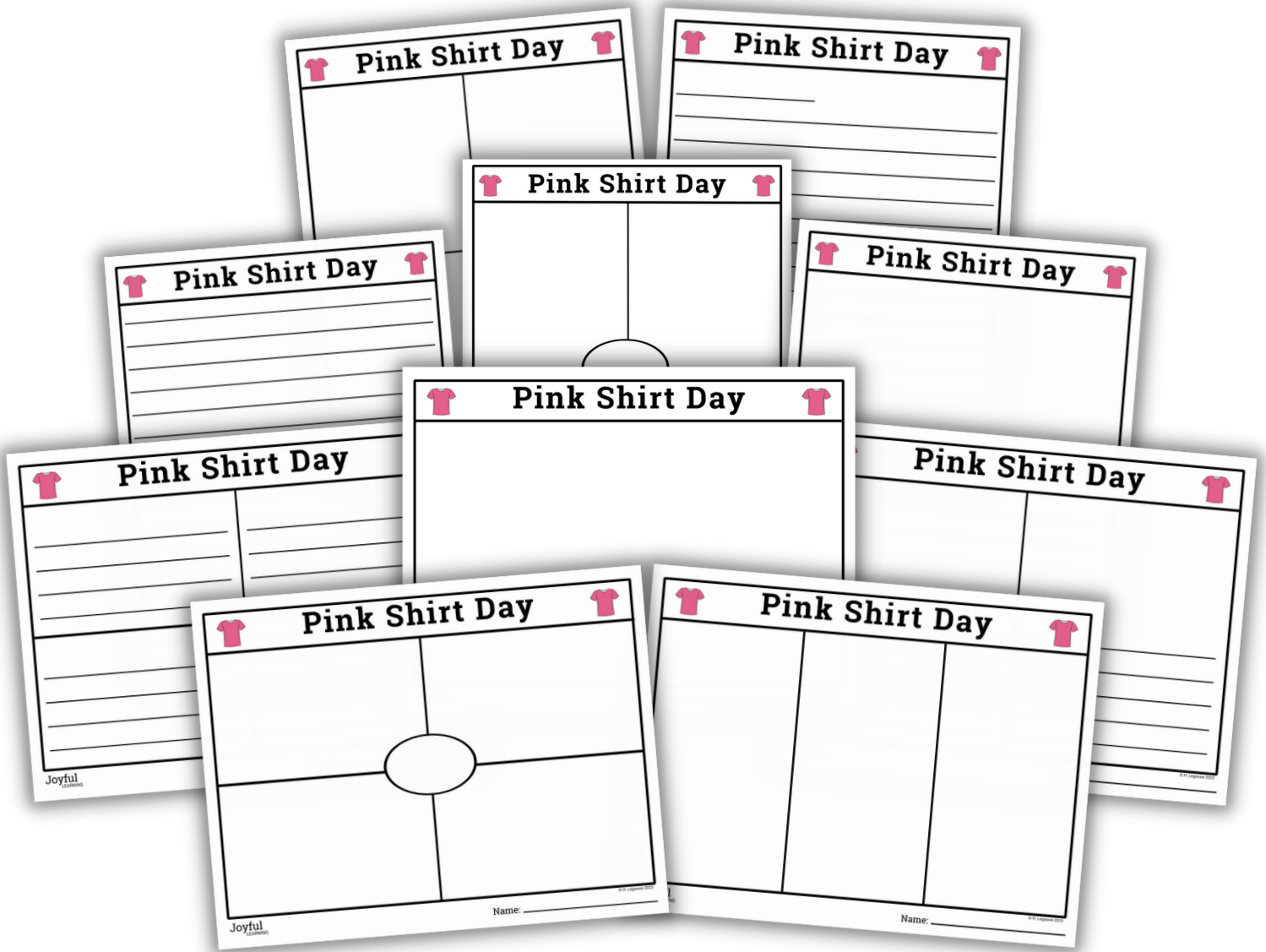


Name: \_\_\_\_\_



From the Artist: I made it butterfly because the butterfly to me represents change. To stop bullying and stop how we treat others who are different, we need to change how we think.

# Blank Response Pages



## 18 Page Layouts

A variety blank templates for you to use with any question or writing prompt that best fit your goals for your learners.



# Pink Shirt Day



Name: \_\_\_\_\_



# Pink Shirt Day



Name: \_\_\_\_\_

A large rectangular area enclosed by a thick black border, intended for drawing or writing. It contains eight horizontal lines near the bottom, spaced evenly, to provide a guide for writing.



# Pink Shirt Day



Name: \_\_\_\_\_

A large rectangular area enclosed by a thick black border, containing 18 horizontal lines for writing. The lines are evenly spaced and extend across the width of the box, providing a space for students to write their responses.



# Pink Shirt Day



Name: \_\_\_\_\_

A large rectangular area enclosed by a thick black border, containing 15 horizontal lines for writing. The lines are evenly spaced and extend across most of the width of the box.



# Pink Shirt Day



Name: \_\_\_\_\_




# Pink Shirt Day



Name: \_\_\_\_\_

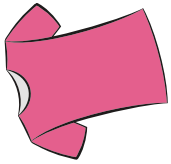



# Pink Shirt Day

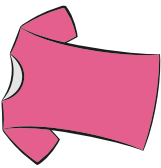


Name: \_\_\_\_\_

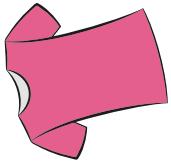
A large rectangular area defined by a thick black border, divided into four quadrants by a vertical and a horizontal line. In the center, where the lines intersect, is a large, empty oval shape. This area is intended for a child to draw a pink shirt.



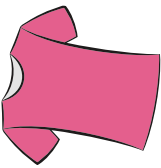
# Pink Shirt Day



Name: \_\_\_\_\_

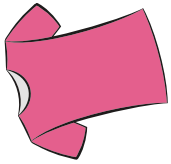


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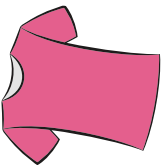


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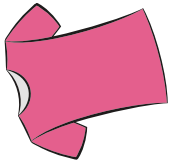


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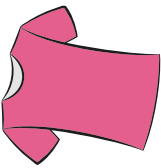


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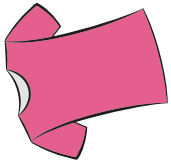


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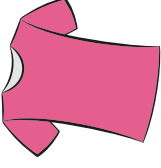


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# Pink Shirt Day

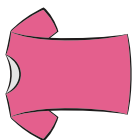
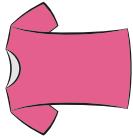


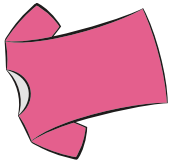
Name: \_\_\_\_\_

Handwriting practice area with 10 vertical lines.

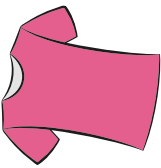
Handwriting practice area with 10 vertical lines.

# Pink Shirt Day

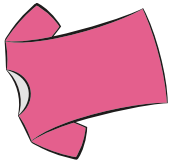


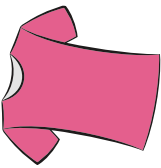
# Pink Shirt Day



Name: \_\_\_\_\_

# Pink Shirt Day



Name: \_\_\_\_\_

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# Let's Connect!

## Questions?

I have greatly enjoyed creating this resource and have done my best to ensure it is complete and easy to use. If you have any questions or suggestions, please email me at [hayley@joyfullearning.net](mailto:hayley@joyfullearning.net). I'm here to help!

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